What Are IMU’s Programmes in Dietetics with Nutrition About?

Overview
Nutrition and Dietetics are centred around food, healthy diets and nutrition.

At IMU, students of both programmes are trained to:

- Assess nutritional status and needs of individuals and groups
- Provide nutrition education to individuals and groups for disease prevention / disease management
- Advise on nutrition and diet for general good health and prevention of diseases
- Contribute towards the development of policies and programmes in nutrition and health
- Undertake research in nutrition-related areas

Dietetics with Nutrition

- 4-year programme
- Graduates are qualified dietitians trained specifically to:
  - Execute the Nutrition Care Process (assess, diagnose nutritionally and plan) at the individual and group level
  - Facilitate dietary management in medical conditions
  - Plan and implement community dietetics intervention programmes
  - Monitor and evaluate community dietetics programmes
  - Provide and manage a large scale of food planning and service
  - Conduct research and development in nutrition and diet related fields
  - Venture into entrepreneurship

Nutrition

- 3-year programme
- Graduates are qualified nutritionists trained specifically to:
  - Facilitate individuals and groups to adopt healthy lifestyles, balance and nutritious diets for prevention of diseases
  - Plan, develop, execute, monitor and evaluate the nutrition programmes implemented for the targeted groups and community
  - Communicate and educate different population (sportsman, pregnant mothers and babies, teenagers, adults, elderly) on their nutritional needs
  - Conduct research and development in nutrition and diet related fields
  - Venture into entrepreneurship
“The Dietetics with Nutrition Programme is specifically designed for students with strong interest in food and health. Our robust curriculum equips students with knowledge and skills in dietary intervention for disease management and rehabilitation therapy in clinical settings. This programme incorporates clinical dietetics, food service and community dietetics to prepare graduates as a competent dietitian.”

DR CHEN SEONG TING — Senior Lecturer & Programme Director
BHSc (Hons) Dietetics (USM) & PhD Community Nutrition (USM)
How Does IMU’s Dietetics with Nutrition Programme Work?

Overview

The IMU Dietetics with Nutrition programme is a 4-year programme consisting of 8 semesters. The programme covers a broad scope of knowledge required for dietetic practice including physiology, biochemistry, principles of human nutrition, basic food preparation, the role of nutrition in health and disease, medical nutrition therapy and diet plans for individuals and groups with medical conditions. Eligible graduates from the IMU’s BSc (Hons) Dietetics with Nutrition programme who would like to become Registered Dietitians in the United States are able to enrol into the Entry-Level Master of Science in Clinical Nutrition at Rutgers University, New Jersey, USA.

Assessment

Students will be assessed through their class tests, practicals, assignments, projects, reflective journals, problem-based learning, presentation, thesis, end-of-semester (EOS) examinations and Objective Structured Clinical Examination (OSCE).

Career Pathway

Dietitians are trained professionals engaged in managing diseases by advising appropriate dietary management.

They work together with other healthcare professionals in clinics, hospitals and food service sectors catering to individuals with disease conditions.

This profession encompasses many levels of expertise and a wide variety of career possibilities.

- Students obtain competencies related to clinical, food service and community dietetics through external placements locally and abroad with mobility programmes.
- Students obtain clinical experience under supervision of experts in hospitals, clinics and health centers.
- Students work in accredited food service operations with international linkages.
## What Is the Programme Structure?

### Dietetics with Nutrition Programme Structure

<table>
<thead>
<tr>
<th>SHORT SEMESTER</th>
<th>SEMESTER 1</th>
<th>SEMESTER 2</th>
<th>SEMESTER 3</th>
<th>SEMESTER 4</th>
<th>SEMESTER 5</th>
<th>SEMESTER 6</th>
<th>SEMESTER 7 &amp; 8</th>
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<tbody>
<tr>
<td>MPU: U1</td>
<td>General Chemistry</td>
<td>Lifespan Nutrition</td>
<td>Nutritional Assessment Methods</td>
<td>Clinical Biochemistry</td>
<td>Food Service Management 2</td>
<td>Medical Nutrition Therapy 2</td>
<td>Dietetics Practicum 1</td>
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<tr>
<td>MPU: U3</td>
<td>Genetics</td>
<td>Basic Biochemistry</td>
<td>Nutrients &amp; Metabolism</td>
<td>Community Nutrition</td>
<td>Education and Counselling in Dietetics</td>
<td>Research Project in Nutrition &amp; Dietetics</td>
<td>Dietetics Practicum 2</td>
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<tr>
<td></td>
<td>Human Biology</td>
<td>Food Culture &amp; Nutrition</td>
<td>Nutritional Epidemiology</td>
<td>Food Service Management 1</td>
<td>Medical Nutrition Therapy 1</td>
<td>Professional Practice in Dietetics</td>
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<tr>
<td></td>
<td>Organic Chemistry</td>
<td>Principles of Food Preparation</td>
<td>Pathophysiology and Clinical Management of Diseases</td>
<td>Basic Pharmacology</td>
<td>Research Project in Nutrition &amp; Dietetics 1</td>
<td>Nutrition Care Process for Dietetics Practice</td>
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<tr>
<td></td>
<td>Professionalism in Nutrition &amp; Dietetics</td>
<td>Sports &amp; Exercise Science</td>
<td></td>
<td>Nutritional Immunology</td>
<td>Nutrition in Health Promotion</td>
<td>Selective: Controversies in Nutrition / Introduction to Traditional Chinese Medicine</td>
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<tr>
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<td>Principles of Human Nutrition</td>
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<td>Statistics for Health Professionals</td>
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<tr>
<td></td>
<td>MPU: U2</td>
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</table>

### NOTES:
- The curriculum is reviewed periodically and is subject to change.
- The MPU modules are compulsory modules imposed by Ministry of Higher Education under the Private Higher Educational Institutions Act 1996 (Act 555).
- All students must take these modules and pass as a prerequisite for the award of the degree.
- Students in the final year are required to undertake professional training in food service, community nutrition and clinical dietetics in a variety of healthcare and community settings.
How Much Does It Cost?

Dietetics with Nutrition Programme Fees
All fees quoted are in Ringgit Malaysia unless stated otherwise.

FEES OVERVIEW

<table>
<thead>
<tr>
<th>Fee</th>
<th>Amount (RM)</th>
<th>Malaysian Student</th>
<th>International Student</th>
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<tbody>
<tr>
<td>Application Fee</td>
<td></td>
<td>150</td>
<td>500</td>
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<td>Registration Fee</td>
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<td>850</td>
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<td>Refundable Caution Deposit</td>
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<tr>
<td>Tuition Fee</td>
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<td>177,600</td>
<td>192,400</td>
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• Application fee is payable upon submission of application.
• Registration fee and refundable caution deposit are payable upon acceptance of the offer letter issued by the IMU Admissions Office.
• As stipulated by Malaysian Ministry of Higher Education, international students will have to pay Student Visa Application fee of RM1,000 and Medical Health Check fee of RM250 and Visa endorsement fee (depending on nationality) upon registration.
• International students will also be required to pay Student Visa Renewal Administrative fee of RM140/year and Medical Health Check fee of RM250/year.
• Students must adhere to the “Policy on Payment of Fees”.
• All students are required to pay Student Association Fees of RM40 per semester.

FEES BY PROGRAMME ROUTES

<table>
<thead>
<tr>
<th>Programme Route</th>
<th>Total Duration (years)</th>
<th>Tuition Fee</th>
<th>At International Medical University (IMU)</th>
<th>At Partner University (PU)</th>
<th>At IMU + PU</th>
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<tr>
<td></td>
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<td></td>
<td>Per Semester</td>
<td>Total</td>
<td>Years</td>
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<td>Malaysian Student</td>
<td>International Student</td>
<td>Per Semester</td>
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<td>Bachelor of Science (Hons) Dietetics with Nutrition (IMU)</td>
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<td>22,200</td>
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<td>4</td>
<td>22,200</td>
<td>24,050</td>
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Tuition fees for the 16-month Entry level Master of Science in Clinical Nutrition at Rutgers University is USD30,030.

Note
* Current estimates only.
** Based on exchange rates: A$1 = RM3.016, NZS1 = RM2.78

• Tuition and ancillary fees at partner universities overseas are subject to annual increases.
• All fees are accurate at time of print. For latest fees and information, please go to www.imu.edu.my.
Why Study Dietetics with Nutrition at IMU?

1. An Established Private Healthcare University

IMU is Malaysia’s first and most established private medical and healthcare university with over 27 years of dedicated focus in healthcare education. IMU achieved the SETARA-2017 Tier 6 status (Outstanding) under the Mature University category.

2. Build Your Future Healthcare Professional Network

As IMU offers the widest range of healthcare programmes, our students are fully immersed in a vibrant community of students and practitioners from all healthcare fields. This allows for the development of strong friendships amongst peers that will be the foundation of an extensive healthcare professional network upon graduation.

3. Well-Known Faculty Members

The lecturers in the Division of Nutrition and Dietetics are recipients of research grants, high impact publications and key opinion leaders in the field of nutrition and dietetics.

4. Training Future Leaders

Our curriculum provides opportunity to develop leadership and team working skills due to strong emphasis on Interprofessional learning and group projects. The courses place great emphasis on building good communication skills through various oral presentation, case study discussions, training with simulated and real life patients.

5. Opportunity for Work Life Experience and Student Mobility

The innovative curriculum offers early exposure to work experience and hands-on opportunity to enhance skills through clinical and community projects. There are also opportunities for student mobility programmes in clinical and community setting which improves work preparedness of the graduates.
Every effort has been made to ensure the accuracy of the information given in this brochure but it is subject to alteration without notice.

The University reserves the right to alter or delete any of the information included at any time and it shall not be bound by any errors or omissions and cannot accept liability in respect thereof.

Please visit www.imu.edu.my for the most up-to-date information.

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The IMU has been certified with ISO 9001: 2015 for the provision of Pre-University, Undergraduate and Postgraduate Programmes for the Medical and Healthcare Professions.