



INTERNATIONAL MEDICAL UNIVERSITY
MALAYSIA

DIETETICS WITH NUTRITION

SCHOOL OF
HEALTH SCIENCES

2019



What Are IMU's Programmes in Nutrition and Dietetics About?

Overview

Nutrition and Dietetics are centred around food, healthy diets and nutrition.

At IMU, students of both programmes are trained to:

- Assess nutritional status and needs of individuals and groups
- Provide nutrition education to individuals and groups for disease prevention / disease management
- Advise on nutrition and diet for general good health and prevention of diseases
- Contribute towards the development of policies and programmes in nutrition and health
- Undertake research in nutrition-related areas

Nutrition

- 3-year programme
- Graduates are qualified nutritionists trained specifically to:
 - Facilitate individuals and groups to adopt healthy lifestyles, balance and nutritious diets for prevention of diseases
 - Plan, develop, execute, monitor and evaluate the nutrition programmes implemented for the targeted groups and community
 - Communicate and educate different population (sportsman, pregnant mothers and babies, teenagers, adults, elderly) on their nutritional needs
 - Conduct research and development in nutrition and diet related fields
 - Venture into entrepreneurship

Dietetics with Nutrition

- 4-year programme
- Graduates are qualified dietitians trained specifically to:
 - Execute the Nutrition Care Process (assess, diagnose nutritionally and plan) at the individual and group level
 - Facilitate dietary management in medical conditions
 - Plan and implement community dietetics intervention programmes
 - Monitor and evaluate community dietetics programmes
 - Provide and manage a large scale of food planning and service
 - Conduct research and development in nutrition and diet related fields
 - Venture into entrepreneurship

A Word from the Programme Director

“The Dietetics with Nutrition Programme is specifically designed for students with strong interest in food and health. Our robust curriculum equips students with knowledge and skills in dietary intervention for disease management and rehabilitation therapy in clinical settings. This programme incorporates clinical dietetics, food service and community dietetics to prepare graduates as a competent dietitian.”

DR CHEN SEONG TING — Senior Lecturer & Programme Director
BHSc (Hons) Dietetics (USM) & PhD Community Nutrition (USM)

DEGREE / DURATION

**Bachelor of Science (Hons)
Dietetics with Nutrition
(IMU) — 4 years**

**Degree from partner
universities — 4 – 5 years**

COMMENCEMENT

July and September

PARTNER UNIVERSITIES

AUSTRALIA



NEW ZEALAND



This programme is awarded the International Accreditation for Education Programs for Dietitian-Nutritionists conferred by the International Confederation of Dietetics Association (ICDA)



How Does IMU's Dietetics with Nutrition Programme Work?

Overview

The IMU Dietetics with Nutrition programme is a 4-year programme consists of 8 semesters. The programme covers a broad scope of knowledge required for dietetic practice including physiology, biochemistry, principles of human nutrition, basic food preparation, the role of nutrition in health and disease, medical nutrition therapy and diet plans for individuals and groups with medical conditions. Graduates from the IMU's BSc (Hons) Dietetics with Nutrition who have met the criteria set are eligible to apply for the Rutgers Master of Science in Clinical Nutrition online programme, eligible to become a Registered Dietitian in the United States.

Assessment

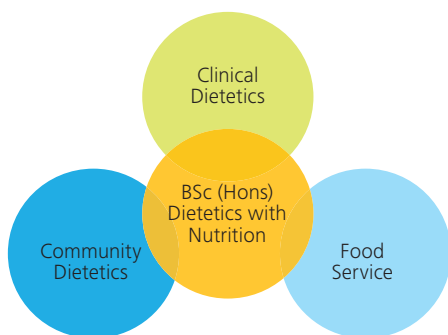
Students will be assessed through their class tests, practicals, assignments, projects, reflective journals, problem-based learning, presentation, thesis, end-of-semester (EOS) examinations and Objective Structured Clinical Examination (OSCE).

Career Pathway

Dietitians are trained professionals engaged in managing diseases by advising appropriate dietary management.

They work together with other healthcare professionals in clinics, hospitals and food service sectors catering to individuals with disease conditions.

This profession encompasses many levels of expertise and a wide variety of career possibilities.



Focus areas for BSc (Hons) Dietetics with Nutrition.

- Students obtain competencies related to clinical, food service and community dietetics through external placements locally and abroad with mobility programmes.
- Students obtain clinical experience under supervision of experts in hospitals, clinics and health centers.
- Students work in accredited food service operations with international linkages.

AREAS & SCOPE OF WORK OF DIETITIANS

Key Area	Role/ Responsibility	Potential Work Setting
Clinical	<ul style="list-style-type: none"> • Perform nutrition screening to identify clients at risk • Assess and identify nutritional problems • Provide medical nutrition therapy and counsel clients on special diet modifications • Work collaboratively with other health care providers such as doctors, nurses and pharmacists to provide nutrition care 	<ul style="list-style-type: none"> • Government and private hospitals • Government and private health clinics • Rehabilitative / long term care centres • Universities • Private consultancies
Food service	<ul style="list-style-type: none"> • Provide and manage food service system • Manage a cost-effective food production operation and provide quality meals in a food service setting • Oversee and provide training to other food service workers • Perform audits for his/ her department to ensure the food safety standards and quality control 	<ul style="list-style-type: none"> • Hospitals • Long term facilities / homes • Institutions, industries / factories, schools, universities, long term care facilities providing meals to residents
Community	<ul style="list-style-type: none"> • Identify community nutrition problems at primary, secondary and tertiary levels • Develop health promotion strategies • Educate public on food and nutrition related issues and topics • Conduct home visits to provide nutrition care for clients who are not fit to attend the health care facilities 	<ul style="list-style-type: none"> • Public health clinics and agencies • Sports centres • Fitness centres • Corporate wellness centres • Diagnostic centres • Long term care facilities e.g nursing homes, dialysis centers • Food and health industries • Universities

What Is the Programme Structure?

Dietetics with Nutrition Programme Structure

SHORT SEMESTER

MPU: U1
MPU: U3

SEMESTER

1

General Chemistry
Genetics
Human Biology
Organic Chemistry
Professionalism in Nutrition & Dietetics
Principles of Human Nutrition
Statistics for Health Professionals
MPU: U2

SEMESTER

2

Lifespan Nutrition
Basic Biochemistry
Food Culture & Nutrition
Principles of Food Preparation
Sports & Exercise Science
MPU: U4

SEMESTER

3

Nutritional Assessment Methods
Nutrients & Metabolism
Nutritional Epidemiology
Pathophysiology and Clinical Management of Diseases
Nutrition in Exercise and Sports
Selective: Contemporary Nutrition / Foundation in Food Science

SEMESTER

4

Clinical Biochemistry
Community Nutrition
Food Service Management 1
Basic Pharmacology
Nutritional Immunology
Food Safety and Regulations
Scientific Communication in Nutrition

SEMESTER

5

Food Service Management 2
Education and Counselling in Dietetics
Medical Nutrition Therapy 1
Research Project in Nutrition & Dietetics 1
Nutrition in Health Promotion

SEMESTER

6

Medical Nutrition Therapy 2
Research Project in Nutrition & Dietetics 2
Professional Practice in Dietetics
Nutrition Care Process for Dietetics Practice
Selective: Controversies in Nutrition / Introduction to Traditional Chinese Medicine

SEMESTERS

7&8

Dietetics Practicum 1
Dietetics Practicum 2

NOTES:

The curriculum is reviewed periodically and is subject to change.

The MPU modules are compulsory modules imposed by Ministry of Higher Education under the Private Higher Educational Institutions Act 1996 (Act 555). All students must take these modules and pass as a prerequisite for the award of the degree.

Students in the final year are required to undertake professional training in food service, community nutrition and clinical dietetics in a variety of healthcare and community settings.

How Much Does It Cost?

Dietetics with Nutrition Programme Fees

All fees quoted are in Ringgit Malaysia unless stated otherwise.

FEES OVERVIEW

Fee	Amount (RM)	
	Malaysian Student	International Student
Application Fee	150	500
Registration Fee	850	2,000
Refundable Caution Deposit	1,000	1,000
Tuition Fee	177,600	192,400

- Application fee is payable upon submission of application.
- Registration fee and refundable caution deposit are payable upon acceptance of the offer letter issued by the IMU Admissions Office.
- As stipulated by Malaysian Ministry of Higher Education, international students will have to pay Student Visa Application fee of RM1,000 and Medical Health Check fee of RM250 and Visa endorsement fee (depending on nationality) upon registration.
- International students will also be required to pay Student Visa Renewal Administrative fee of RM140/year and Medical Health Check fee of RM250/year.
- Students must adhere to the "Policy on Payment of Fees".
- All students are required to pay Student Association Fees of RM40 per semester.

FEES BY PROGRAMME ROUTES

Programme Route	Total Duration (years)		At International Medical University (IMU)						At Partner University (PU)				At IMU + PU	
			Years	Total Semesters	Tuition Fee				Years	Total Semesters	Tuition Fee *		Total Tuition Fees **	
					Per Semester		Total				Per Year	Total		
					Malaysian Student	International Student	Malaysian Student	International Student					Malaysian/International Student	Malaysian/International Student
Bachelor of Science (Hons) Dietetics with Nutrition (IMU)	4	4	8	22,200	24,050	177,600	192,400	–	–	–	–	–	–	
Credit Transfer to University of Newcastle Bachelor of Nutrition & Dietetics	4	2	4	22,200	24,050	88,800	96,200	2	4	A\$33,630	A\$67,260	291,656	299,056	
Credit Transfer to University of Otago BSc Human Nutrition	3 / 5	2	4	22,200	24,050	88,800	96,200	1	2	NZ\$29,952	NZ\$29,952	172,067	179,467	
Master of Dietetics								2	4	NZ\$33,100	NZ\$66,200	356,103	363,503	

Note

* Current estimates only.

** Based on exchange rates: A\$1 ≈ RM3.016, NZ\$1 ≈ RM2.78

- Tuition and ancillary fees at partner universities overseas are subject to annual increases.
- All fees are accurate at time of print. For latest fees and information, please go to www.imu.edu.my.

Why Study Dietetics with Nutrition at IMU?

1

An Established Private Healthcare University

IMU is Malaysia's first and most established private medical and healthcare university with over 26 years of dedicated focus in healthcare education. IMU achieved the SETARA-2017 Tier 6 status (Outstanding) under the Mature University category.

2

Build Your Future Healthcare Professional Network

As IMU offers the widest range of healthcare programmes, our students are fully immersed in a vibrant community of students and practitioners from all healthcare fields. This allows for the development of strong friendships amongst peers that will be the foundation of an extensive healthcare professional network upon graduation.

3

Well-Known Faculty Members

The lecturers in the Division of Nutrition and Dietetics are recipients of research grants, high impact publications and key opinion leaders in the field of nutrition and dietetics.

4

Training Future Leaders

Our curriculum provides opportunity to develop leadership and team working skills due to strong emphasis on Interprofessional learning and group projects. The courses place great emphasis on building good communication skills through various oral presentation, case study discussions, training with simulated and real life patients.

5

Opportunity for Work Life Experience and Student Mobility

The innovative curriculum offers early exposure to work experience and hands-on opportunity to enhance skills through clinical and community projects. There are also opportunities for student mobility programmes in clinical and community setting which improves work preparedness of the graduates.

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InternationalMedicalUniversity

Twitter

IMUMalaysia

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Programmes at IMU

Pre-University

Foundation in Science
KPT/JPT(R/010/3/0186)09/2023

Undergraduate

Medicine
KPT/JPT(R2/721/6/0033)09/2026

Psychology
KPT/JPT(R2/311/6/0013)09/2022

Dentistry
KPT/JPT(R2/724/6/0010)01/2023

Pharmacy
KPT/JPT(R2/727/6/0050)09/2026

Pharmaceutical Chemistry
KPT/JPT(R2/442/6/0003)01/2023

Dietetics with Nutrition
KPT/JPT(R2/726/6/0021)09/2022

Nutrition
KPT/JPT(R/726/6/0011)06/2022

Biomedical Science
KPT/JPT(R2/421/6/0011)09/2022

Medical Biotechnology
KPT/JPT(R2/545/6/0014)09/2022

Chiropractic
KPT/JPT(R/726/6/0054)08/2026

Chinese Medicine
KPT/JPT(R/721/6/0059)01/2020

Nursing
KPT/JPT(R/723/6/0125)04/2020

Nursing Science
(for registered nurses)
KPT/JPT(R/723/6/0101)01/2019

Postgraduate

Acupuncture (MSc)
KPT/JPT(N/721/7/0071)03/2022

Analytical & Pharmaceutical
Chemistry (MSc)
KPT/JPT(R-CDL/442/7/0001)01/2022

Business Administration in
Healthcare Management
(Postgraduate Certificate/Master)
KPT/JPT(N/345/7/1082)9/2023
KPT/JPT(N/345/7/1085)10/2023

Diabetes Management & Education
(Postgraduate Diploma)
KPT/JPT(N/726/7/0030)02/2023

Health Professions Education (HPE)
(Postgraduate Certificate/
Postgraduate Diploma/Master)
KPM/JPT(N/145/7/0066)09/2020
KPM/JPT(N/145/7/0064)09/2020
KPM/JPT(N/145/7/0070)09/2020

Implant Dentistry (Postgraduate Diploma)
KPT/JPT(N/724/7/0019)06/2021

Molecular Medicine (MSc)
KPT/JPT(R/545/7/0078)07/2022

Pharmacy Practice (Master)
KPT/JPT(N/727/7/0051)03/2019

Public Health (MSc)
KPT/JPT(R/720/7/0077)09/2020

Medical & Health Sciences
(MSc & PhD by Research)
KPT/JPT(R/721/8/0043)01/2020
KPT/JPT(R2/720/7/0049)06/2026



INTERNATIONAL MEDICAL UNIVERSITY
MALAYSIA



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The IMU has been certified with ISO 9001: 2015 for the provision of Pre-University, Undergraduate and Postgraduate Programmes for the Medical and Healthcare Professions.

Every effort has been made to ensure the accuracy of the information given in this brochure but it is subject to alteration without notice.

The University reserves the right to alter or delete any of the information included at any time and it shall not be bound by any errors or omissions and cannot accept liability in respect thereof.

Please visit www.imu.edu.my for the most up-to-date information.

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