

IMU COMMUNITY ENGAGEMENT

Biannual newsletter



THANK YOU FOR CONTRIBUTING TO A BETTER SOCIETY

IMU Community Engagement thanks everyone for your support and contributions for the year that has been. In this issue, we share with you all our highlights of 2019.

Promoting good health is one of the United Nations Sustainable Development Goals. The bulk of IMU Community Engagement's activities were centered around promoting good health and providing accessibility to health services through health awareness projects and health education, health screenings and primary medical management in underserved communities.

The vision for the university Community Engagement was to build an impactful and sustainable community engagement with focus on healthcare equality for all, social inclusion for disabled/marginalised communities and responsible consumption for a better environment which are mapped to the UN Sustainable Development Goals (UN SDGs). With this vision in mind, reshaping of strategies, targets and processes have begun and will continue through to 2020

WITHIN THESE PAGES:

02 *THE YEAR THAT HAS BEEN*

03 *RESEARCH & AWARDS*

04 *BE INSPIRED*

05 *UPDATES*

06 *SEASON'S GREETING*

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THE YEAR THAT HAS BEEN

LEADERSHIP:

2019 saw the retirement of Prof Ong as the Advisor of IMU Cares, with Prof Khoo Suan Phaik taking over the leadership as Associate Dean. IMU Cares remains as brand name and the office is now called IMU University Community Engagement (CE) office.

CONFERENCES

Humanitarian Mission Conference

by School of Medicine School of Pharmacy and IMU Cares

The biennial 3rd IMU Cares Humanitarian Mission Conference saw the signing of a Memorandum of Understanding (MoU) between IMU and MERCY Malaysia. The joint effort intends to collaborate in research and development in the field of health research, provide training in the field of health and collaborate in community service activities.

Mental Health Conference (O.U.R. SAYS)

Rising to the call of the nation to address youths' mental health, the IMU Department of Psychology, Psychology Club and IMU CE in collaboration with Dignity for Children Foundation launched the Our Society, Adults and Youths (Our S.A.Y) conference, Malaysia's first public conference organised by youths (of IMU) for youths. The conference reached out to promote in-depth awareness of depression and anxiety, bullying, substance abuse and healthy relationships.

IMU x Model United Nations 2019

by the IMU Psychology Club, partnered with IMU Cares.

IMU x Model United Nations 2019 is a debut Model United Nations conference in IMU Bukit Jalil campus earlier this October. It was a three-day conference, involving 170 participants (59 delegates and 47 observers) from Malaysia, Indonesia, India, Philippines, China, Maldives, Sri Lanka and Myanmar.

SE KNOWLEDGE DAY

IMU CE, in partnership with the Malaysian Global Innovation and Creativity Centre conducted a Social Entrepreneurship (SE) Knowledge Day on 29th November. 53 participants, comprising of IMU staff, students and alumni were taken through 3 modules of SE. Guest speakers from Generating Opportunities for Learning Disabled (GOLD) and IMPACT MALAYSIA shared their journey in SE and perspectives on the value of impact and sustainability of community projects.



IMU CHARIOFARE 2019

Despite the cancellation of the annual Charity Run due to high air pollution index (haze), Chariofare 2019, carried on with its fundraising carnival and was recorded as one of the most successful edition to date, with the overwhelming support and effort from IMU students and staff, as well as our sponsors.

BE INSPIRED LECTURE SERIES:

The talk series was initiated to inspire audiences to take action and trigger positive social change. As a start, we introduced a two-part series on how Social Enterprise can help address some of communities' problems.

Part 1: Social Enterprise – Making A Difference

Speaker: Prof. Dato' Dr. Abdul Aziz bin Ab. Latif, Head, Industrial Relation & Collaborations, DRB-HICOM UNIVERSITY

Part 2: Investing in Community Engagement – Can it be Sustainable?

Speaker: Dr Shahridan Faiez, a sustainable development specialist and alumnus of the University of Cambridge.



THE YEAR THAT HAS BEEN (CONT.)

SUMMARY OF PROJECTS FOR THE YEAR

Social Inclusion for the Disabled

We have reached out to 4 homes for the physically challenged and an estimated number of 615 residents with various activities ranging from patient-centered diet, exercise and hand hygiene program, to caregiver-centered education and health monitoring program.

Another milestone achieved this year is the collaboration between Latter-Day Saint (LDS) Charities and IMU Cares, in providing disability aids and training. The Beautiful Gate Foundation for the Disabled had received a MotoMed machine from LDS Charities and will continue to offer their center as a wheelchair training center.

Healthcare for All

Throughout the year, our key activity of championing healthcare equality for all took us through 79 activities and 26 projects, conducted by staff and students via the various platforms for community service in IMU ie. IMU Cares, Students' Clubs & Societies, District Partnership Initiative, Service learning via Schools' programs, IMU Foundation Clinic and Co-curricular programs.

Some noteworthy projects are:

- **PPR Desa Petaling Health Carnival** in collaboration with the Ministry of Health/KOSPEN PPR Desa Petaling, Klinik Kesihatan Sungai Besi, IRDI and IMU Cares (111 target audience)
- **Pulau Perhentian Kecil Health Screening in Terengganu** (109 target audience)
- **Breast Cancer Awareness Campaign & Screening 2019** in collaboration with LPPKN, Premier Pharmacy, Johnson & Johnson and Breast Cancer Support Society (104 target audience);
- **Dental Screening for the Refugee Children** (108 target audience),
- **Dental Treatment for the Poor Urban Community** at Chihui Tang, Seri Kembangan (72 target audience)
- **Healthy Adolescents project** (71 target audience)

RESEARCH & AWARDS

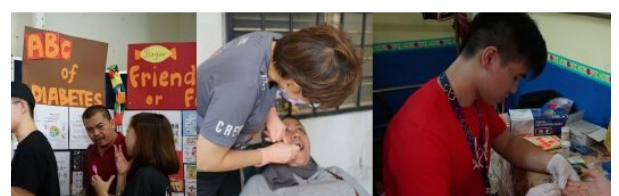
On top of the health screening initiatives, 2 researches were approved by IMU Joint Committee on Research & Ethics (IMU-JC), under the wings of IMU Community Engagement.



THREE EXTERNAL AWARDS WERE RECEIVED

- *MacJannet Award 2nd Prize for Kapar community project, awarded to Dr Lydia Lee Sze Teng*
- *Outreach Multicultural Scholastic Award from University of North Texas for IMU Care activities in the area of sexuality health education for underprivileged children at DFC, and sexual health education for disabled kids at Bloomer's, awarded to Dr Zahra Fazli Khalaf.*
- *3rd Prize for Oral Presentation at the 21st Asia Pacific Regional Conference of Alzheimer's Disease, awarded to Dr Zahra Fazli Khalaf (IMU), Dr Elaine Chan (IMU) & Ms Yap Poh Sim*

Four faculties have had abstracts based on IMU Cares projects approved by IMUJC for presentation at international conferences.



BE INSPIRED TALK SERIES - PART 2



“INVESTING IN COMMUNITY ENGAGEMENT: CAN IT BE SUSTAINABLE?”

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Successful as these initiatives may seem, many organizations begin to face challenges in ensuring the sustainability of their programs.

Over the last decade, the quality of public service delivery has fallen. This has negatively impacted our local communities and as such, our civil society were driven into organizing a whole new range of support initiatives with exciting ideas and promising results. Successful as these initiatives may seem, many organizations begin to face challenges in ensuring the sustainability of their programs. The questions remain: how can we ensure continuity of our objectives? What does sustainable outcomes look like? Is there a collective vision? How can we weave in more opportunities and breed inclusivity?

The second event of our Be Inspired talk series hosted a thought-provoking talk on 24th October 2019. Dr Shahridan Faiez, a sustainable development specialist and alumnus of the University of Cambridge, spoke on ensuring the sustainability of support initiatives for community services.

He brought with him an extensive experience in structuring investments in sustainable development initiatives, as an ex-World Bank official, in Khazanah Nasional. He was also a co-founder and current Adviser to ThinkCity, an innovative urban transformation ideas company. In his own ventures, Dr Shah has worked in more than 20 countries.



UPDATES

STAFF

- Farewell to Prof Ong Kok Hai as he retired from his post as the Advisor of IMU Cares
- We welcome Dr Teoh Gaik Kin as Fellow and Manager of IMU CE

Dr Danial and Dr Izza have left to begin their medical housemanship, which started in October. We welcome Dr Ni Kol who is our IMU Alumni.



CONDOLENCES

A moment of silence for our late Dr Robert Lorek, Senior Lecturer of Chiropractic. He was a great team member of our IMU Cares project, especially the Beautiful Gate Foundation (BGF). He was adored by our staff as well as the residents of BGF. He will be sorely missed. We wish to extend our deepest condolences to his family and friends.



“ ANNOUNCEMENTS

PROJECTS

- Introducing new Project Leaders
 - **Ms Nurul Hanis Binti Ramzi**
 - *Wheelchair Champion; A Provisioning System*
 - **Dr Brinnell Annette Caszo**
 - *Linen Transformed*
 - **Dr Siddharth Dhanaraj**
 - *"Smile Dental Care": Dental Care for Refugee Adolescents in Urban KL*
 - **Dr Ekta Priya**
 - *Dental Care for Kachin Refugee Kids*
 - **Dr Shivani Kohli**
 - *Tong Sim Senior Citizen Care Centre*
 - **Dr Polly Chen Po Ling**
 - *World Alzheimer's Month with ADFM*
 - **Mdm Tan Swee Geok**
 - *Ti-Ratana Community Uplift Program*
 - **Dr Rafiq Ahmed**
 - *Breaching The Silence: Health Screening for the Deaf*
- *New Project Proposal templates to be released in 2020*

IMU COMMUNITY ENGAGEMENT WISHES YOU...

MERRY CHRISTMAS & HAPPY NEW YEAR

