



Centre for Transformative Nutrition and Health

SERVICES OFFERED

1 Measure Glycaemic Index

This test is to represent the relative quality of carbohydrate containing food based on how slowly or quickly they are digested and increase blood glucose levels.

2 Research on Glycaemic Response and Variability

Evaluation studies to determine postprandial glycaemic response of meals/foods on metabolic parameters such as post-meal glucose, insulin response, satiety and other metabolic parameters

3 Clinical Trials


Clinical trials on dietary interventions for the prevention and management of diet related diseases and to improve health in adults and children.


4 Micronutrient and Functional Food Studies

Studies related to micronutrient deficiencies and dietary/lifestyle behaviours to promote health, prevent and manage diseases

5 Internship Opportunities

Learning internship opportunities for undergraduate and postgraduate students

 IRDI CTNH Laboratory, 1st Floor, International Medical University, Bukit Jalil

 Ms Wong Chin San (03-2731 7000)

 ctnh@imu.edu.my