



1. Introduction

IMU Student Dietetics Centre – Heal with Food, Consult a Dietitian

The IMU Student Dietetics Centre (SDC) at IMU University Malaysia offers personalised dietary consultations for individuals with specific medical conditions (refer to Section 2 for further details). Our services are guided by the latest scientific evidence to ensure high-quality, patient-centred nutritional care.

The SDC also serves as a clinical training platform, providing final-year dietetics students with a safe and supportive environment to develop and demonstrate core competencies required for professional dietetic practice. All consultations are conducted under the direct supervision of qualified and experienced dietitians from IMU University.

Thank you for choosing the IMU Student Dietetics Centre to support you in managing your nutritional and health goals.

2. What services are we providing?

At the IMU Student Dietetics Centre (SDC), our students provide individualised dietary consultations for a wide range of medical conditions. These include, but are not limited to, weight management, diabetes, hypertension, dyslipidaemia, chronic kidney disease, anaemia, irritable bowel syndrome (IBS), acid reflux, gastritis, gout, and malnutrition.

We also offer specialised paediatric nutrition consultations, along with nutrition screening and body composition analysis. Our services encompass nutritional screening and personalised diet consultations tailored to support patients with various disease-related nutrition concerns

3. How to register for appointment slot?

You can book an appointment with our centre via this link: <https://forms.office.com/r/HFfymg9gy9> , if you have any concerns as stated below:

- You have a health condition as stated above OR
- You are recovering from a health issue as stated above OR
- You are considering a preventive approach from the aspect of diet

The appointment date and time is subject to availability. We will get in touch with you to confirm the final appointment details.

4. What can a patient expect?

The individual consultation will take place physically at the Student Dietetics Centre (SDC), located at Level 1, IMU University – Technology Park Campus (HIVE 3), Jalan Inovasi 1, Taman Teknologi MRANTI, Bukit Jalil, 57000 Kuala Lumpur.

Your first consultation with us will take approximately 40 minutes to 1 hour. During this individual session, the consultation will be conducted by a student dietitian, under the direct supervision of a qualified and experienced dietitian from IMU. With your permission, a second student may also be present as an observer to support their clinical learning.

The flow of the individual diet consultation:

Nutrition assessment

- You will be asked questions relating to your diet, lifestyle, health history, etc
- Student dietitian will discuss findings with the clinical instructor for 5-10 minutes before giving any dietary advice or recommendations.



Nutrition intervention

- You will be given personalized nutrition and lifestyle recommendations, these will include menu plan, recipe ideas etc.

Follow up appointments which will take about 30 minutes will be scheduled as and when required to monitor the treatment progress.

5. How much does a consultation cost?

The consultation is free of charge regardless first visit or follow-up visit.

6. Do patients have to bring anything before visiting?

For verification purposes at the registration counter on the day of consultation, patients are required to bring:

- ✓ For Malaysians: Patient's original Identity Card (IC)
- ✓ For Non-Malaysians: Patient's Passport

On the first consultation, patients are advised to bring along their:

- ✓ Medical history report
- ✓ Blood test report
- ✓ Or any other documents about patient's dietary concerns.

7. How about confidentiality?

Before the consultation, you will be given a consent form to sign. For the protection of your confidentiality, we use a registration number instead of name, address, etc. All personal information is solely for consultation, educational and research purposes only.

We are aware of confidentiality requirements and have signed agreements to this effect. The university will ensure all personal identifiers taken outside the centre will not be disclosed.

8. Want to know more?

Please write to us at imusdc@imu.edu.my or find us at social media platform such as Instagram (@imu_sdc) and Facebook Page (IMU Student Dietetics Centre).

Click here to register for appointment now: <https://forms.office.com/r/HFfymg9gy9>

STUDENT DIETETICS CENTRE

FREE OF CHARGE

Looking for diet & lifestyle advice to manage your health? Our diet clinic is here for you!

We offer the following services:

✓ Body Composition Analysis

- Measures height, weight, body fat, muscle mass, and total body water

✓ Individual Diet Plan tailored to:

- Weight Management
- Diabetes
- High Blood Pressure
- High Blood Cholesterol
- Anaemia
- Irritable Bowel Syndrome
- Acid Reflux Disease, Gastritis
- Gout
- Malnutrition

✓ Services Targeting:

Child Nutrition

- Picky Eating
- Nutritional Deficiencies
- Poor Weight Gain
- Failure to Thrive
- Constipation

Renal Nutrition

- Chronic Kidney Disease
- Support for managing comorbidities in CKD (e.g. diabetes, hypertension)



Visit us at:

Visit us at: Level 1, IMU University – Technology Park Campus (HIVE 3) Jalan Inovasi 1, Taman Teknologi MRANTI Bukit Jalil, 57000 Kuala Lumpur



Operating hours:

Monday - Thursday (10:00am - 4:00pm)
*Appointments are subject to availability

SCHEDULE AN APPOINTMENT HERE

