



IMU Mind Health Centre

“ Empowering your mental wellness through compassionate therapy and personalised support

About Us

At Mind Health Centre (formerly known as PCLC), we offer free counselling services and affordable psychological assessment. serving as a training platform for IMU University Master’s students. Supervised **trainee counselors and clinical psychologists** provide confidential, personalized support under the guidance of registered professionals. Our mission is to empower individuals and develop compassionate mental health professionals.



How To Reach Us?

-  03-2720 6840
-  MindHealthCentre@imu.edu.my
-  Level 1, IMU University – Technology Park Campus (HIVE 3)
Jalan Inovasi 1, Taman Teknologi MRANTI
Bukit Jalil, 57000 Kuala Lumpur
-  [IMU Mind Health Centre - MHC](#)
-  [imu.mhc](#)

Our Services

Counselling

Individual Counselling

Gain insight and work through personal issues in a confidential setting

Career Counselling

Identify career paths that align with your skills and interests

Play Therapy

use play to express emotions, resolve psychological issues, and develop healthier behaviors.

Family and Marriage / Couple Counselling

Resolve conflicts and improve relationships

Group Counselling

Connect with others facing similar challenges and gain support in a safe, shared environment

Psychological Assessment

Personality & Mental Health Test

Evaluates personality traits, anxiety, depression and more.

Autism Spectrum Disorder (ASD) & ADHD Assessment

Assists in ruling out ASD or ADHD diagnoses

Intelligence Test

Assesses cognitive abilities including memory, attention, and comprehension

Learning Disabilities Assessment

Address learning issues, such as dyslexia



Price

Counselling

Free of charge

Psychological Assessment

A small admin fee of RM5 for administration of assessment.

Assessment Report

Verbal Report

Free of charge

Brief Written Report

RM50

Comprehensive Written Report

RM200

How to book for an appointment?

Scan to register



<https://forms.office.com/r/3EBBTuR4QL>

Notes:

- *Appointments are required, walk-ins cannot be accommodated.*
- *When booking for someone else, please provide their details to secure the reservation.*